

ITEM # T/B/D **Onion Roll** 3.2 oz


## Baking Procedures

- Keep bread frozen, do not thaw or steam. Keep ventilation closed.
- Pre-heat oven to 375°F \*Note: Oven temperature may vary oven to oven. Adjust baking time & temperature as necessary.
- Place frozen bread directly onto sheet pans with baking paper.
- Baking time: 4 to 6 minutes or until golden brown
- Cool down time: 20 minutes
- Place in bags or bin and put out for sale.

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>1 roll (91g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>230</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 450mg	<b>20%</b>
<b>Total Carbohydrate</b> 43g	<b>16%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 3mg	15%
Potassium 69mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

### INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIA-CIN, REDUCED IRON, THIAMINE MONO-NITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, CANOLA OIL, EXTRA VIRGIN OLIVE OIL, CRISPY TOASTED ONION BITS (ONIONS, PALM OIL (RSPO-SG), WHEAT FLOUR, SALT), YEAST, SUGAR, DEXTROSE, RYE FLOUR, ENZYMES, ASCORBIC ACID.

### ALLERGEN STATEMENT

**Allergen Warning:** This product was made in a facility that may also process common food allergens including wheat.