

# TBD Marble Rye Roll 3.2 oz



## Baking Procedures

- Keep bread frozen, do not thaw or steam. Keep ventilation closed.
- Pre-heat oven to 375°F \*Note: Oven temperature may vary oven to oven. Adjust baking time & temperature as needed.
- Place frozen bread directly onto sheet pans with baking paper.
- Baking time: 4 to 6 minutes or until golden brown
- Cool down time: 20 minutes. Place in bags or bin and put out for sale.

## Nutrition Facts

1 servings per container  
**Serving size 1 roll (91g)**

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 2g	<b>2%</b>
Saturated Fat 0g	1%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 490mg	<b>21%</b>
<b>Total Carbohydrate</b> 40g	<b>15%</b>
Dietary Fiber 2g	8%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 8g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 3mg	15%
Potassium 84mg	2%
Thiamin 0.4mg	35%
Riboflavin 0.2mg	20%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

## INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, RYE FLOUR, SALT, WHEAT GLUTEN, CARAWAY FLOUR, CANOLA OIL, EXTRA VIRGIN OLIVE OIL, YEAST, ONIONS, CARAMEL COLOR, MALTED BARLEY FLOUR.

## ALLERGEN STATEMENT

**Allergen Warning:** This product was made in a facility that may also process common food allergens including wheat.