

# 1914 Multigrain Euro Ciabatta 3.9 oz



## Nutrition Facts

1 Servings Per Container  
 Serving size 1/2 of Loaf (55g)

Amount per serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 2mg	10%
Potassium 73mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

## Baking Procedures

- **Keep bread frozen, do not thaw or steam. Keep ventilation closed**
- **Pre-heat oven to 375°F \*Note: Oven temperature may vary oven to oven. Adjust baking time & temperature as necessary.**
- **Place frozen bread directly onto sheet pans with baking paper**
- **Baking time: 9 to 11 minutes or until golden brown**
- **Cool down time: 20 minutes**
- **Place in perforated bags and put out for sale**

### INGREDIENTS:

WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, RYE FLOUR, BULGUR WHEAT, WHEAT GLUTEN, FLAXSEED, ROLLED OATS, WHEAT BRAN, WHEAT GERM, CORN FLOUR, SALT, YEAST, DEXTROSE, ASCORBIC ACID, ENZYMES.

### ALLERGEN STATEMENT

**Allergen Warning:** This product was made in a facility that may also process common food allergens including wheat.